

JEANNE ZOË
SIMONE HAGE
VALESKA VAN DEN BERG

RETREAT

FRANCE, BURGUNDY
13.5. - 17.5.2026

WWW.LIBERTYWITHHORSES.DE

SISTERXHORSES X EPONA X JEANNE ZOË





OUR VISION

The vision of this retreat is to **create a sacred space** where women gather in the essence of the feminine, connect deeply, and **find inspiration in one another.**

Amidst serene landscapes, we invite you into a peaceful, mindful rhythm, to come together and create, slow down and connect.

We don't believe in filling every hour or following a rigid plan. We trust in self-led time. While anchors will guide our days, much of the experience is rooted in freedom: time to wander the land, to rest, to create, to simply be.

INTENTION

SISTERHOOD

ART

FRANCE, BURGUNDY.

SOULFUL LIVING

OUR MISSION

In a world that moves ever faster, filled with constant innovation, screens, and endless schedules, we choose to pause.

To remember who we truly are, to nourish our inner bloom, and to plant new seeds ready to blossom.

We gather in quiet celebration: to support one another, to heal in community, to co-create days that linger in memory, alive with art, connection, and presence.



This retreat is for anyone who feels called to deepen their connection, to themselves, to others, and to the world around them.

FRANCE, BURGUNDY

LOCATION

The Mill, a family heirloom.

Transformed into a beloved sanctuary more than a quarter of a century ago. It is a small house resting beside a lively lake, as if it grew out of the land, with a narrow stream running close enough to hear at night. It is not completely isolated, but it feels separate, as if you have stepped slightly out of time. The internet connection flickers, and strangely, that feels right.

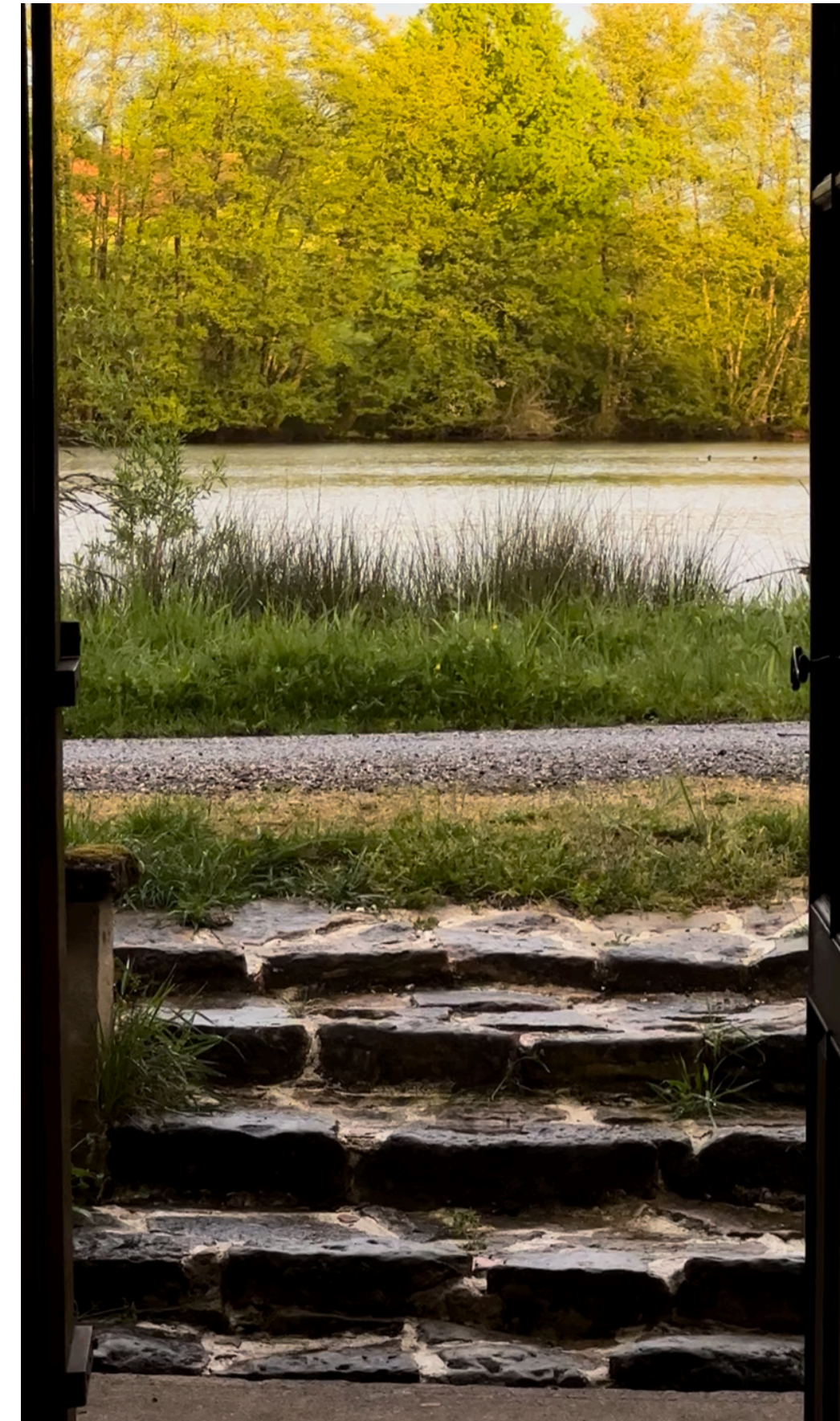
Mornings arrive softly here. The sun rises above the blue waters where mist still lingers on the surface. The land invites for long walks; the fields open into wide pastures where cows graze under vast skies, steady and indifferent to time. Nothing moves quickly here.

Nature holds both labor and contemplation without separating them. By nightfall, frogs begin their chorus, it rises from the small pond and settles over the quiet land.

The mill does not demand productivity. It offers peace and slowness feels natural.



THE SOUL



meaningful workshops

MOVEMENT AND RENEVAL

- gentle bodywork
- yoga and mindful stretching

CONNECTION WITH HORSES

- guided interaction with untouched horses
- intuitive connection

COMMUNITY AND SISTERHOOD

- Sharing circles and sisterhood
- heart-centred gatherings
- soulful exchange
- community reflection

SILENCE, NATURE AND REFLECTION

- immersion in nature
- contemplative walks
- self-directed time

CREATIVITY AND EXPRESSION

- expression through movement, painting or writing
- photography sessions
- personal and collective creations

COMMUNION



THE CORE



JEANNE ZOË

Jeanne is a quiet thread of inspiration, gently guiding toward soulful living. Through her love of poetry and attention to beauty, she kindles appreciation for a slower, intentional and tender life.



SIMONE

Simone is a pioneer of her time. She gently guides women toward their truest potential, illuminating hidden facets of themselves and reconnecting them with long-held dreams and visions. Her work resonates deeply, nurturing growth, clarity, and a holistic sense of wholeness in every life she touches.

COME WITH US



VALESKA

Valeska embodies inspiration through presence, compassion, and body awareness. Her practice weaves together physiotherapy, yoga, and a profound connection with horses, guiding others with gentle clarity, mindfulness, and grace. She creates a space where the body, mind, and spirit can align and flourish.

captured by @lumikkipictures

VISUAL POET



keeper of moments

Accompanied by Susan and her lens, captured and eternalized by attentive eyes creating visual poetry.
Moving quietly among us,
preserving the fleeting moments so
what is felt here can live on long
after we part.



SOFT LIVING RETREAT

WHAT AWAITS YOU

We offer shared rooms with 2 to 3 persons, with double and single beds.
Nourishing vegetarian meals, fresh seasonal fruits, specialities.
Exploring wholesome crafts and hands on creations.



support for your place

booking via payment



Early Bird bis 15. März: 1.250 Euro

regular price 1.500 Euro

Installment payment is possible.
Feel free to reach out directly via email or
WhatsApp.

www.libertywithhorses.de

CONNECT WITH US

SMALL CIRCLE

SAVE YOUR SPOT!

If you feel called, please send us your application at libertywithhorses@m-vandenberg.de

Important: Subject line: Retreat-sisterxhorses

As this place has limited space, feel free to introduce yourself to us.

P.S. We offer free discovery calls - feel free to email us if you're unsure or have any questions.

With love,

Jeanne, Simone & Valeska



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